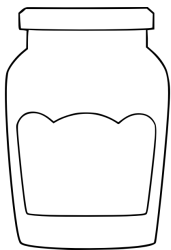
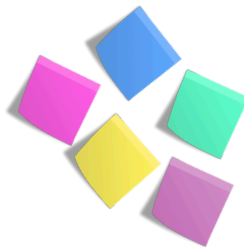




CIVICS
DIGITAL CITIZENSHIP

WORDS IN A JAR



KEY COMPETENCES

- Communication in the mother tongue
- Communication in a foreign language
- Digital Competence
- Social and Civic competences
- Cultural Awareness



TOPIC

Words and Labels that hurt



BASIC QUESTIONS

- Which words best represent/describe you?
- Which adjectives describe you better? and what colour would you use to write them down?



SOURCES

- The [Manifesto](#) of Non-Hostile Communication
- [Video](#): Words shape the way you think
- [Video](#) of a song: “Parole” by Mistamen and the [lyrics](#)
- APP Groovepad: it is a drum pad. You can play cool beats and make music always and everywhere.



ACTIVITY (about 60 minutes)

First Step: (15 minutes)

- Analyse the importance of the use of the words / [words](#) shape the way you think
- Reflect on how much words represent you (words have different colours depending on how you feel)
- Write on the sticky notes two adjectives that represent you and put the notes into the jar
- Brief discussion

Second Step: (20 minutes)

- Watch the [video](#) of the song and reflect on the [lyrics](#)
- Brief discussion considering the [highlighted sentences](#)
- Write on the sticky note a sentence that refer to an aspect of your life (one for each member of the group)

Third Step: (25 minutes)

- Unload the APP Groovepad and play
- Read aloud all the sentences
- Decide a music according to sentences
- Read the sentences following the rhythm of the music
- Record the song
- Listen to the songs

